

# PRO LEAGUE

Participation Program Pillar	<b>Engagement</b>
Target Cohort	All athletes of League Age 16 to 18 yo inclusive Female athletes in the state team program
Key Result Areas	Increase player retention Improved player performance
Program Features	Centralised registration process Team Draft Term 3 program High level coaching and strength & conditioning program Match play – extensive game schedule Specialist skills sessions
Athlete Pathways	Graduates go on to the Thoroughbred program

## Program Operations

### PROGRAM OUTLINE

- Expert skills training sessions for each franchise with the first week dedicated to simulating professional spring training.
- Further expert skills sessions throughout the program.
- Dedicated weekly session for each franchise on strength and conditioning.
- Minimum of six weeks (two/three games per week) of games per franchise.
- TUESDAYS – two team single game – two teams skills/s&c
- THURSDAYS – two games involving all teams
- SUNDAYS – each team plays one game and has a skills session

### ELIGIBILITY

- League Age 16 years playing Senior League and trying out for your Senior League Tournament team (charter)
- League Age 17 or 18 years
- Players who age out of the program can be offered an extended membership at the discretion of the program's onfield coordinator.
- Any member of the current season's Womens Open State Team
- Players who are League Age 15 (and Senior League charter eligible) may nominate and may be used should the program's capacity not be reached.

The program management reserves the right to add other criteria from year-to-year as needed.

